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Press Release

A FRESH TAKE ON CHERISHED TRADITIONS

Health Holidays in Igls - famous Olympic Village

Exceptional air quality, spectacular panoramas of the Tyrolean Alps and a fine tradition of genuine hospitality - just a few of many exceptional circumstances for the continued success of the famous Olympic village and in particular for the iconic **Sporthotel IGLS**.

The village of Igls is a well known summer resort for over 150 years and the **Sporthotel IGLS** is closely linked with the image of this Climatic Health Resort at the ideal altitude of 900m above sea level. Generations of guests are thrilled by the ideal conditions for active health holidays and relaxation - be it for a long holiday, a short break or just a visit to the Day Spa - the **Sporthotel IGLS** is the place for effective 'time-out' with long lasting benefits for overall health and wellbeing.

The wide range of sports on offer include golf (on its own Golf Course), mountain biking, hiking, climbing, tennis, riding and swimming. Other activities include cultural visits and shopping trips to nearby Innsbruck or immersion in the hotel's Spa programme. The health culture practised at **Sporthotel IGLS** is focused on detox, sport, rejuvenation and equilibrium – from massages to beauty treatments, from exhilarating outdoor activities with private guides to total relaxation.

The **Sporthotel IGLS** does not venture into medical procedures - guests decide for themselves how active they want to be. People in search of peace and tranquillity benefit from personal consultation with experienced staff and expert private local guides. A holiday at the **Sporthotel IGLS** delivers improved vitality and quality of life with a stronger immune system and restored inner balance.

Sporthotel IGLS - the gentle way to health and wellbeing

www.sporthotel-igls.com

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